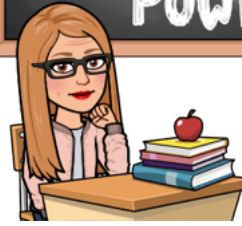


Connect

Sorry, I wasn't listening.



Learn & Understand



Practice Norms



Exercise



Distance



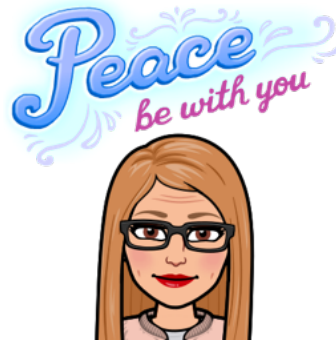
Rest



Stay Positive



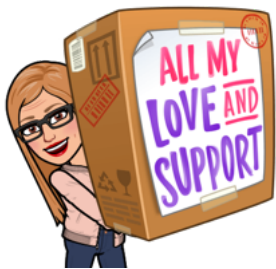
Breathe



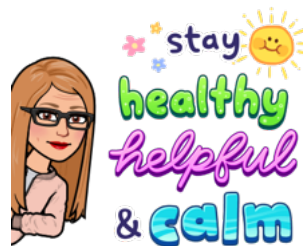
Hydrate



Help Others



Control What You Can



Love One Another

